



Cherry Tree Primary School

Year 6 School Journey to Mount Cook

Location and Journey

- Mount Cook Adventure Centre is located near Matlock near the Peak District
- Children to arrive at 8.50am
- Coach will leave approximately 9.20am
- Children need small rucksack with packed lunch/water bottle/raincoat for journey



Mount Cook



WELCOME TO MOUNT COOK

Brand
New
Activity
Centre

Staffing

Accompanying the children will be:

- Ms Bruce
- Mrs Brassett
- Mrs Harrison

Activities

Children will be in groups of 12 for all activities and will be led by a qualified instructor.

Activities include:

- Raft building
- Zip wire
- Climbing/High Ropes
- Nocturnal Safari
- Fencing
- Disco on the final evening



Activities



Archery



Climbing



Raft Building



Canoeing



Zip Wire

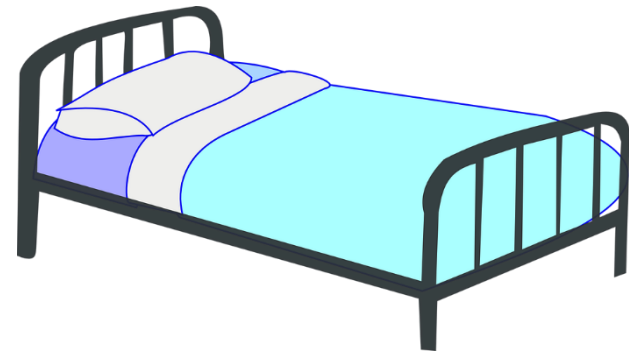
Example of Typical Day

- 7.30am – get ready for day
- 8am – breakfast
- 8.50am – activity 1
- 10.30am – break
- 10.45am – activity 2
- 12.30 – lunch
- 1.50pm – activity 3
- 3.30pm – break
- 3.45pm – activity 4
- 5.30pm – evening meal
- 7.15pm – evening activity



Accommodation

- New purpose built outdoor centre
- Each children's room has 4 beds
- Children will be allocated a room with their friendship group
- Room inspection every day



Accommodation



Monies

Monthly instalments have covered cost of:

- Coach travel
- Accommodation
- All activities
- All meals (except packed lunch/water bottle on Monday's journey)



Pocket Money is not needed

Items not allowed

Children can bring a camera (disposable is best) but children must not bring:

- Mobile phone
- Hand held games device
- Sweets
- Jewellery
- Any other precious, expensive or sentimental items



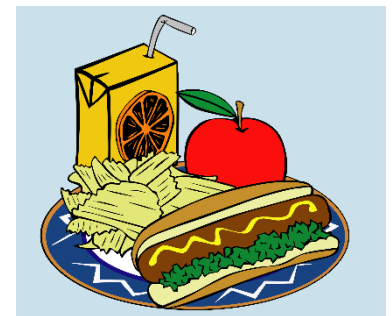
Medications and Sunscreen

- Pain Relief – Calpol is taken on School Journey and will be given if needed
- Other medications – label with child's name/dosage and give to Ms Bruce
- Travel sickness tablets – please give tablet to child on the Monday morning & give rest to Ms Bruce
- Sunscreen – Factor 15 or above



Menu Example

- Breakfast – cereal, toast, jam, bacon, egg, beans, fresh fruit, yoghurt
- Lunch – sandwiches, crisps, cake, fruit
- Dinner – 3 options each evening eg: sausage & mash, spaghetti bolognaise, jacket potato, chicken curry, lasagne
- Dessert – chocolate cake and cream, stick toffee pudding with custard
- Vegetarian and other dietary needs are catered for



Dining Room



Kit List

- Pack kit in a suitcase/holdall
- Suggested kit list in packs
- Weather can be changeable - pack for hot/cold weather
- Label all clothes and equipment
- Child help to pack



Consent Form and Contact

- Consent Form – complete fully including NHS number and swimming ability
- Return asap and by **Friday 12th May**
- To contact School Journey in an emergency:
 - During School Hours, contact School Office
 - Out of hours: 07546 554037
- School Office will text an update each day



Behaviour

- Cherry Tree always complimented on children's behaviour
- Expect children to be polite and kind and follow school Behaviour Policy
- Parents/Carers can be called to collect child if behaviour is consistently disruptive or dangerous



Any questions?

