



Personal, Social, Health Education and Citizenship Policy

March 2017

Framework

Through Personal, Social, Health Education and Citizenship (P.S.H.E.&C) we strive to provide planned learning experiences which give pupils the knowledge, skills and understanding they need to lead confident, healthy, independent lives and to become informed, active, responsible citizens.

Our Aims

- To promote a secure and happy atmosphere within a warm and caring community.
- To enable all pupils to make informed decisions concerning their personal welfare.
- To prepare them for stages of development in themselves and others.
- To take account of pupil's changing perceptions
- To develop a sense of belonging.
- To develop mutual support and trust.
- To enable pupils to develop self-esteem.
- To value others.
- To see the school as a health promoting community.
- To encourage a healthy lifestyle.
- To take an active part in the life of their school and its neighbourhood.
- To improve pupil's understanding of other cultures and lifestyles through the development of wider community links
- To encourage all members of our school community to respect moral values and to be tolerant of different traditions and cultures.
- To encourage children to adopt a positive, resilient and 'can-do' approach to their learning, using the principals of Growth Mindset to achieve this.
- To use half termly values to help the children grow socially.

Objectives - Learning

We believe that pupils learn P.S.H.E. & C;

- In ways that are individual and personal to each child.
- By building on the understandings that they already have.
- Through experiencing challenges to these understandings.
- By developing an increasing range of knowledge and facts that they can draw upon.
- Through experiences that assist the development of their feelings, images and ideas.
- Through modelling ideas and different situations.
- Through interaction with other people.
- Through discussion and debate.
- Through reflection.
- Through creating links with other communities.

Objectives - Teaching

- To recognise how their behaviour affects other people, to care about the feelings of others and to try and see things from other peoples' points of view.
- To listen to others and to work and play co-operatively.
- To identify and respect differences and similarities between people, including cultural, ethnic, racial and religious diversity, gender, disability and sexuality through the curriculum.



Cherry Tree Primary School

- That family and friends should care for one another.
- To know how to keep themselves safe; that in situations where they may feel uncomfortable to be able to say "NO", and where to get help, support or advice.
- To show an awareness of the uses and abuses of drugs: that all medicines are drugs but not all drugs are medicines (see drugs education policy)
- That there are different types of teasing and bullying; that teasing and bullying are wrong and how to get help if needed.
- To deal with issues that arise during play times.
- That we can all achieve success in our own way through Growth Mindset

Activities to support teaching will include Circle Time, team building activities, problem solving, drama/role play, watching videos and theatre performances participating in school assemblies, participating in school outings and Golden Time. The School Council will meet weekly to discuss a range of issues in school.

Our **Behaviour Policy** which focuses on positive support and home/school agreements reinforces the way in which these opportunities will enable pupils to achieve the objectives. The **Sex Education Policy** and **Drugs Policy** will also support aspects of a healthy lifestyle.

Planning

All class teachers will plan PSHE&C lessons in order to deliver our agreed learning intentions using the SEAL (Social and Emotional Aspects of Learning) materials in accordance with the Hertfordshire PSHE scheme, half termly values and Growth Mindset

Monitoring and Assessment

Pupil's knowledge and understanding will be assessed, for example, their recall of facts and information on health and understanding of rules. How well pupils use their knowledge and understanding in developing skills should also be assessed.

Assessment may be done by the teacher or other adults within school. Pupils themselves may also contribute through self assessment and peer assessment. A written annual report is provided for parents at the end of the year.

The PSHE&C co-ordinator and the Head will monitor plans to ensure progression throughout the school.

Resources

Various teaching resources including videos and sheets that can be photocopied are kept in the staffroom. The SEAL and Coventry Scheme of Work materials have been shared into year groups and are kept in each classroom.

Homework

Homework may be set to complement lessons taught in school in line with the school homework policy.

Special Educational Needs

The curriculum and activities provided will be differentiated, in accordance to the needs and abilities of each pupil, through: task, outcome, pupil groups, additional support and equipment.

